



**Instituto de Cultura
y Lengua Costarricense**

SALUD PROGRAM – Activities calendar

ALAJUELA, COSTA RICA 2010

Week #1

Saturday, May 22nd 2010

Arrival to Juan Santamaría International Airport (SJO) in Alajuela, Costa Rica. A member of the host family will be at the airport with a sign with the student's name on it, if arrival is before 10:00 p.m. If arrival is past 10:00 p.m. the participant will go to a hotel in the Alajuela area and the pick-up will be the following day.

Monday, May 24th

07:00 Family member accompanies the participant to school
08:00 Orientation
10:00 Break
10:30 Placement test (oral and written)
12:00 Cultural Excursion: Walking Tour – Grecia
15:00 A member of the Host Family will pick up the participant to show him/her the way back home.

Tuesday, May 25th

08:00 Spanish classes
12:15 Cultural Excursion: Alajuela City Tour.
Includes typical Costa Rican lunch and visit to Sr. y Sra. Wood Factory.
16:00 Last stop: place to be confirmed

Wednesday, May 26th

08:00 Spanish classes
12:30 Cultural Activity: Latin Dance Class

Thursday, May 27th

08:00 Spanish classes
12:30 Lecture and guided site visit: Hospital Nacional de Niños.
Extra cost: public transportation to San José capital city not included.

Friday, May 28th

08:00 Spanish classes (10:30 AM: Exam 5%). Free weekend begins at 12:00.

Saturday – Sunday May 29th - May 30th

Free weekend. You can make travel arrangements via the tourism office at ICLC.



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Week #2

Monday, May 31st

08:00 Spanish classes
12:30 Lecture: Grammar FAQ

Tuesday, June 1st

08:00 Spanish classes
12:30 Movie at ICLC campus: Mar Adentro (Spain)

Wednesday, June 2nd

08:00 Spanish classes
12:30 Lecture: Costa Rican Health System

Thursday, June 3rd

08:00 Spanish classes (10:30 AM: Exam 5%)
12:30 Guided Site Visit: Alajuela Hospital (Public service: Social System)
Extra cost: public transportation to down town Alajuela not included.

Friday, June 4th

08:00 Spanish classes. Free weekend begins at 12:00.

Saturday – Sunday June 5th - 6th

Free weekend. You can make travel arrangements via the tourism office at the school.

Week #3

Monday, June 7th

08:00 Spanish classes
12:30 Lecture: Grammar FAQ

Tuesday, June 8th

08:00 Spanish classes
12:30 Movie at ICLC campus: Diario de un Motociclista

Wednesday, June 9th

08:00 Spanish classes
12:30 Lecture: Use of Medicinal Plants in Costa Rica

Thursday, June 10th

08:00 Spanish classes (10:30 AM: Exam 5%)
1:00 Site visit to EBAIS: Equipos Básicos de Atención Integral a la Salud / small clinic that takes care of the basic medical needs of the community. The doctor or the nurse will explain about the most common diseases and the attention that they provide to the area assigned.

Friday, June 11th

08:00 Spanish classes. Free weekend begins at 12:00.

Saturday – Sunday June 12th – 13th

Free weekend. You can make travel arrangements via the tourism office at the school.

Week #4

Monday, June 14th

08:00 Spanish classes

12:30 Lecture: Grammar FAQ

Tuesday, June 15th

08:00 Spanish classes

12:30 Movie at ICLC campus: Amores Perros

Wednesday, June 16th

08:00 Spanish classes

12:30 Round Table Activity / local families will be invited.

Topics: perception of the Tico population about the Costa Rican health system. Their personal experiences with CCSS (Caja Costarricense del Seguro Social).

Thursday, June 17th

08:00 Spanish classes (10:30 AM: Exam 20%)

12:30 Orientation for Clinical Observation placements

01:30 Visit to the assigned clinical observation placement.

Purpose of the visit: find out exact location.

Friday, June 18th

08:00 Spanish Classes

12:00 Teacher will review the final grade with each participant and a Certificate of Completion will be given.

Saturday – Sunday June 19th – 20th

Free weekend. You can make travel arrangements via the tourism office at the school. Students who don't meet at least the MID-INTERMEDIATE level will not be able to continue for the fifth week.

Week #5

Monday 21st – Friday June 25th

Usually 07:00-15:00 Clinical observation placements in a rural clinic or senior's day care.

Saturday, June 26th

Departure to your home country.