ICLC Newsletter



Service Learning at a Seniors Home in Alajuela



Health students that learn Spanish at ICLC are able to help at **Hogar de Ancianos Santiago Crespo** at the end of the Language Program.

There are around 190 seniors who live in this home founded since 1950 and located in Alajuela.

This institution has one nurse and a physical therapist available daily. Participants are able to observe all procedures and they will help with specific duties that the nurse or the physical therapist will indicate.

- Work schedule varies between 7 a.m. until 4 p.m.
- Length of the service: from 1 to 8 weeks.



Participants also help seniors during meals time, in recreational and physical therapy, assist them when crossing from one area to another one and provide advice and guidance on health issues and personal care.







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